Holt Summer Offseason Schedule 2023

EVENT:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				June 1st, 2023	June 2nd, 2023	June 3rd, 2023
				·		
				4		
	June 5th, 2023	June 6th, 2023	June 7th, 2023	June 8th, 2023	June 9th, 2023	June 10th, 2023
Summer	Summer Workouts	Summer Workouts	Summer Workouts	Summer Workouts	A 4	
Workouts: Mon/Thurs	7-9:45 am	7-9:45 am	7-9:45 am	7-9:45 am		
7 0://E am					CULVER-STOCKTON COLLEGE	
() A'e'	OTA		OTA		WILDCRTS	
monday o	5:30 - 8:00 pm	\ \	5:30-8:00 pm		10th-12th Grade	
Wednesday's Culver:					Leave: 7:00 am	
Friday	(1)	1	(2)		(3) Return: 2:00 pm	
	June 12th, 2023	June 13th, 2023	June 14th, 2023	June 15th, 2023	June 16th, 2023	June 17th, 2023
Summer	•	Summer Workouts	Summer Workouts	Summer Workouts		
Workouts:	7-9:45 am	7-9:45 am	7-9:45 am	7-9:45 am		
Mon/Thurs 7-9:45 am			St. Dominic Competition			
OTA's:	OTA		10:30 am - Noon	7.0		
Monday's	5:30 - 8:00 pm					
Wednesday's	(4)	2	(5)	BRA	2	
	(4)					
	June 19th, 2023	June 20th, 2023	June 21st, 2023	June 22nd, 2023	June 23rd, 2023	June 24th, 2023
	Summer Workouts	Summer Workouts	Summer Workouts	Summer Workouts		
Workouts:	7-9:45 am	7-9:45 am	7-9:45 am	7-9:45 am		
Mon/Thurs 7-9:45 am	· · · · · · · · · · · · · · · · · · ·		St. Dominic Competition			
OTA's:	OTA		10:30 am - Noon		757 / 1	
Williay 5	5:30 - 8:00 pm					r .
Wednesday's	(6)		(7)			
	June 26th, 2023	June 27th, 2023	June 28th, 2023	June 29th, 2023	June 30th, 2023	
Summer		Summer Workouts		Summer Workouts	- June Jour, 2023	
		7-9:45 am	5 0.45 am	7-9:45 am		
Mon/Thurs	- · · · ·		St. Dominic Competition			
7-9:45 am OTA's:	OTA		10:30 am - Noon			
Monday's	5:30 - 8:00 pm					
Wednesday's	(0)		(9)			
	(8)					

Holt Summer Offseason Schedule 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					July 1st, 2023
July 3rd, 2023	July 4th, 2023	July 5th, 2023	July 6th, 2023	July 7th, 2023	July 8th, 2023
Dead Weak	Dead Weak	Dead Weak	Dead Weak	Dead Weak	Dead Weak
July 10th, 2023	July 11th, 2023	July 12th, 2023	July 13th, 2023	July 14th, 2023	July 15th, 2023
		-		Team Camp	
7-9:45 am	7-9:45 am	7-9:45 am		7:30-9:30 am	
Toam Camp	Toom Comp	Toam Camp	CULVER-STOCKTON COLLEGE WILDERTS		
-	=				
). Jo 0.00 pm	J. Jo 0.00 pm				
			Return: 2:00 pm		
		1 65	10 J		
10)	(11)	(12)	(13)	(14)	
July 17th, 2023	July 18th, 2023	July 19th, 2023	July 20th, 2023	July 21st, 2023	July 22nd, 2023
-			Summer Workouts		
7-9:45 am	7-9:45 am	7-9:45 am	7-9:45 am	7:30-9:30 am	
7 / /					
_	_				
5:30-8:00 pm	5:30-8:00 pm	5:30-8:00 pm	5:30-8:00 pm	3	
15)	(16)	(17)	(18)	(19)	
July 24th, 2023	July 25th, 2023	July 26th, 2023	July 27th, 2023	July 28th, 2023	July 29th, 2023
			Summer Workouts		7
7-9:45 am	7-9:45 am	7-9:45 am	7-9:45 am		
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7. Jo 0.00 piii					
20)		T all			
July 31st, 2023					
Dead Weak					
	July 3rd, 2023 Dead Weak July 10th, 2023 ummer Workouts -9:45 am Team Camp :30-8:00 pm To July 24th, 2023 ummer Workouts -9:45 am The State of t	July 3rd, 2023 Dead Weak July 10th, 2023 July 11th, 2023 July 11th, 2023 July 12th, 2023 July 12th, 2023 July 12th, 2023 July 18th, 2023 July 24th, 2023 July 24th, 2023 July 25th, 2023	July 3rd, 2023 July 4th, 2023 July 5th, 2023 Dead Weak Dead Weak Dead Weak July 10th, 2023 July 11th, 2023 July 12th, 2023 Summer Workouts 7-9:45 am 7-9:45 am Seam Camp Team Camp 5:30-8:00 pm Signature Workouts 7-9:45 am 7-9:45 am Summer Workouts 7-9:45 am 7-9	July 3rd, 2023	July 3rd, 2023 July 4th, 2023 July 5th, 2023 July 6th, 2023 July 7th, 2023 Dead Weak July 10th, 2023 July 11th, 2023 Team Camp 7:30-9:45 am 7-9:45 am Team Camp 5:30-8:00 pm Leave: 7:00 am Return: 2:00 pm Team Camp Team Camp

Holt Summer Offseason Schedule 2023

EVENT:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		August 1st, 2023	August 2nd, 2023	August 3rd, 2023	August 4th, 2023	August 5th, 2023
		Dead Weak	Dead Weak	Dead Weak	Dead Weak	Dead Weak
	August 7th, 2023	August 8th, 2023	August 9th, 2023	August 10th, 2023	August 11th, 2023	August 12th, 2023
Fall Sports Begin	Fall Practice	Fall Practice	Fall Practice	Fall Practice	Fall Practice	Blue & Gold Game -
Practice TBD	TBD	TBD	TBD	TBD	TBD	TBD
	August 14th, 2023	August 15th, 2023	August 16th, 2023	August 17th, 2023	August 18th, 2023	August 19th, 2023
Monday - Thursday Practice TBD	Fall Practice TBD	Fall Practice TBD		Fall Practice TBD	Jamboree -TBD	
Friday Jamboree TBD Saturday					AH	
	August 21st, 2023	August 22nd, 2023	August 23rd, 2023	August 24th, 2023	August 25th, 2023	August 26th, 2023
Mon Thurs. Practices from 2:40 - 5:00 pm Saturday	First Day of School				@ Troy @ 7:00 pm	
	August 28th, 2023	August 29th, 2023	August 30th, 2023	August 31st, 2023		
Mon Thurs. Practices from 2:40 - 5:00 pm						